



17th March 2020

Dear Parents and Carers,

Following the Prime Minister's Press Conference yesterday we are issuing the following updated advice:

Coronavirus (COVID-19)

How long to stay at home if you have symptoms

Anyone with symptoms should stay at home for at least 7 days.

If you live with other people, they should stay at home for at least 14 days, to avoid spreading the infection outside the home.

After 14 days, anyone you live with who does not have symptoms can return to their normal routine.

But, if anyone in your home gets symptoms, they should stay at home for 7 days from the day their symptoms start. Even if it means they're at home for longer than 14 days.

Information:

If you live with someone who is 70 or over, has a long-term condition, is pregnant or has a weakened immune system, try to find somewhere else for them to stay for 14 days.

If you have to stay at home together, try to keep away from each other as much as possible.

If you still have symptoms after 7 days:

After 7 days, if you no longer have a high temperature you can return to your normal routine.

If you still have a high temperature, stay at home until your temperature returns to normal.

If you still have a cough after 7 days, but your temperature is normal, you do not need to continue staying at home. A cough can last for several weeks after the infection has gone.



**All Saints
Schools Trust**

All Saints Schools Trust

All Saints Church of England Primary School,
Framlingham Road, Laxfield, Woodbridge, Suffolk, IP13 8HD
Tel: 01986 798344
Email: admin@asst.org.uk

We will be sending home children who develop high temperatures and we ask you to assist us by following the advice above. If you believe siblings may be affected we would advise that they follow this advice too.

In the event of your child being sent home or the school having to close your child's classteacher will be happy to provide work for them to do.

Please keep checking the Trust Coronavirus website for the latest information:

<https://www.asst.org.uk/coronavirus-advice>

We receive daily bulletins Monday- Friday from the Department for Education and we update the website regularly with this advice.

Advice is changing daily so we will continue to write to you and update you about this.

Best wishes,

Melanie Barrow,

CEO